



Bible Book Study Guidelines

The goal is for you to learn to feed yourself from the Word of God

1. Pick from the list of books from the New Testament

- Galatians
- Ephesians
- Philippians
- Colossians
- James
- 1 Peter
- 2 Peter
- 1 John

2. Read the book through 4 times

- **First** Read the entire book in one sitting
- **Second** Underline important words and phrases as you read
- **Third** Read the entire book in one sitting
- **Fourth** As you read, write down insights, truths, principles as God speaks to you - keep a journal

3. Pick a Resource

- Ask the Pastor or Mentor for help picking a study
 - Possibilities:
 - Short Book Study
 - Bible Commentary
 - Bible Encyclopedia
 - Individual Book Study
- Suggested Authors: Wiersbe, Stott, MacArthur, Platt, Gundry

4. Fifth Reading: Read through the Bible and resource together

- Write down insights as you study Scriptures and resources
- Keep insights in a file on your computer, or in a written book (*journal*)

5. Write down things in your journal that you need to change in your life

- Keep a section in your file/notebook journal for changes

6. Share your insights with your mentor

7. Challenge: rewrite the book in your own words